

# Franckel Val, MD

KEYNOTE SPEAKER AND  
CERTIFIED LIFE MASTERY CONSULTANT



As a Life Mastery Consultant, certified by Brave Thinking Institute, Franckel Val, MD can help you design and manifest a life that's in harmony with your Soul's purpose.

Franckel inspires and empowers people to live their highest vision in the context of love and joy. Franckel's passion is teaching clients to unlock their true potential, achieve outrageous success, and live a life they LOVE living!

Franckel is an inspiring speaker, passionate educator, and a highly sought after transformational coach. Now combining this background with the proven Brave Thinking® technology, Franckel is helping clients achieve extraordinary results in accelerated time – helping them transform their lives and close the gap between the life they were living and a life they absolutely LOVE living.

Franckel offers content-rich, interactive workshops that takes participants on a journey in which they design, define, test, and experience a crystal-clear vision of the life they would love – a life that is in alignment with their highest purpose. They will have a unique opportunity to “step into” the life they are imagining and feel a resounding “yes!”

IMAGINE...  
Living a life  
you absolutely  
LOVE!



From the moment we started, Franckel captivated our group with his tailored approach. He took the time to understand our specific challenges and provided us with the inspiration and tools we needed to drive real change.

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# A SPEAKING EXPERIENCE

TAILORED SPECIFICALLY FOR YOUR AUDIENCE



## Outstanding Speaker

Whether it's a short Lunch & Learn' training, motivating keynote speech or full day workshop – your group, organization, or company can be assured of an absolutely transformational experience with lasting results.

Just as there are no two people alike, there are no two organizations or companies who are exactly alike. Each has their own set of challenges, obstacles, and cultures that have been created. Franckel will create an experience uniquely tailored for your organization's specific goals, challenges, victories and setbacks.

During these interactive talks, the audience will participate in a number of exercises designed to give them clarity of what they want to achieve and how to start down the path to their dream life. They will leave with a sense of excitement, motivation and tools they can use now to achieve their goals.

Franckel's presentations can be tailored from 30 minutes up to a full day workshop. Contact him today to set up a call to explore the possibilities for your next event.



Wonderful things are seeking to happen with you. They don't happen by pursuing what you think is possible based on your situation, circumstances or outside conditions. They happen by living from a vision that is born from the question, "What would I LOVE?" I can show you how.

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# THE VISION WORKSHOP

3 KEYS TO ACCELERATING YOUR RESULTS



## My Passion

Inspiring people to really dream again knowing that truly, all things are possible. I inspire and support people to live their dreams.

## My Mission

Helping people discover and get crystal clear about the vision and goals that they would love to achieve and then supporting them to turn these possibilities into results.

During this dynamic and high energy training, you will have an opportunity to define, design, and experience your dream – and receive the blueprint for how to turn your greatest possibility into your reality.

### You will learn:

- Two essential keys for tuning into your purpose.
- Simple thinking-strategies that will guard you from fear, doubt and worry.
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- Simple thinking-strategies that will guard you from fear, doubt and worry.
- What wealthy people do that creates sustained success.
- The number one factor that causes people to lose steam when going after a dream, and how to stay motivated and override it.
- The one critical thing you must give up in order to reach your dream.
- And much more!



Franckel's interactive workshop gave us the clarity and direction we needed to take our goals to the next level. We left with a renewed sense of purpose and confidence

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# ADDITIONAL SPEAKING TOPICS

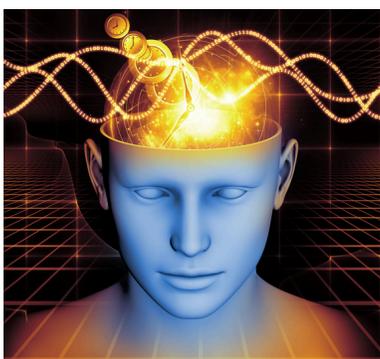


## How I Beat Stage IV Colon Cancer

Why would you care about my successful fight with cancer? Well, my hope is that you could use my experience in your own life or the life of a relative/ friend who would face a life devastating, life threatening condition. In fact, I had decided, yes decided it was not my time yet to die, despite what the medical profession thought. I believe that was the most important step.

Why do I say that? A family of mine had cancer around the same time. I had told him "Let's fight that thing together" but he had already decided that it was time for him to go and he died shortly thereafter. He was much younger than I.

Another person I knew very well, a physician, suffered the exact same condition I had, but he gave up very shortly thereafter, prepared for his death and he did die a few months later. My sincere hope is for you to benefit from my own experience and beat a life threatening illness should you encounter one in your path if it's not really your time yet to go.



## Programming Your Subconscious Mind

The purpose of this talk is to delve into the power of our mind, to attempt at controlling our lives through an understanding of our Conscious and Subconscious minds and live the life of our dreams. We are all aware that the stream of consciousness is divided into those two branches or currents. While both have their own respective importance, we know that the real power resides in the Subconscious which represents, according to many authors, 95% of our mental life. Basically, thoughts produce feelings which lead to actions which in turn produce our results.

We will discuss the concept of mindset, paradigm, self-image etc. With a better understanding of the relationship between the Conscious and the Subconscious, we will see how we can achieve control of our lives. We will discuss how we can attempt to program or reprogram our Subconscious, thereby achieving the results we want.



## Taking Charge of Your Health

I am a physician and also I am a patient who was diagnosed with stage IV colon cancer, treated with chemotherapy back in 2012. I despised that treatment to say the least. In fact I never completed the prescribed course of chemo due to the way I was feeling after each treatment.

This talk is about the active participation of the patient in his/ her total health care, about the patient taking control and be involved actively. I am a strong believer that the patient should avoid giving total control of the health care to a provider. We need to be not only informed about our health, but to take the helm in our care. It is our life after all.

In this talk I will discuss some of my personal experiences with my treating colleagues. We will discuss some aspects of Prevention, Nutrition, including Fasting, the importance of proper Sleep Hygiene and Exercise, etc.